

# REMEMBER STRICT HYGIENE

Wash hands for at least 20 seconds with soap and water and use hand sanitiser.



From 17 July, Northern Territory Borders will be open to all Australians. When this happens, it is important to remember strict hygiene to keep our communities safe and avoid complacency.



Cough/sneeze into your elbow. Avoid touching your face, nose, mouth or handling food until you have washed your hands.

Wipe down frequently used surfaces with disinfectant including your keyboard, mouse, door handles and so on.



Continue physical distancing maintaining 1.5 metres apart



Avoid crowded places or meetings if you are feeling unwell. Zoom and teleconference facilities should be available in most workplaces.