

KALANO COMMUNITY ASSOCIATION - VENNDALE REHABILITATION

Venndale has a modern facility south of Katherine town and includes all aspects of the rehabilitation process: relapse prevention, case management, reintegration, after care and outreach. Its program facilitates a robust weekly schedule catered to the needs of the clients, keeping its members active. Activities range from lessons in literacy, numeracy and domestic violence, to group discussions and traditional healing pathways such as yarning circles, bungul dancing, fishing, hunting, and much more.


Location: Katherine

Eligibility: Anyone can refer to Venndale such as yourself, family member, friend, lawyer, doctor or workmate.

Age: 18+

 www.kalano.org.au/venndale-rehab

 admissions@kcaac.org.au

 (08) 8972 8600

CAAPS ABORIGINAL CORPORATION

Intensive Assessment Program (IAP)

Maximum 4 weeks intensive assessment in a residential placement provides an opportunity for a young person to participate in an intensive assessment using a combination of assessment and screening tools, motivational interviewing and narrative therapy within a trauma informed approach, to build a young person's motivation to make positive changes in their life. **(Free of charge)**

Residential rehabilitation program, Day program, Child and Adolescent Needs and Strengths (CANS) assessment, Brief Intervention, Information and Education, Therapeutic intervention, Case management support, Psychoeducation, Domains of Care, Deadly clever Numeracy and Literacy Program, Life skill development, Nutritional education, Cultural and recreational outings

Location: Darwin based but will intake from across the NT


Eligibility: Any one with substance issues from the age of 12-18 years

Age: 12-18 years

Accessible by: Disability access, Interpreter support, Unaccompanied Youth, Family inclusion

 caaps.org.au

 intake@caaps.org.au

 (08) 8922 4852



CAAPS ABORIGINAL CORPORATION

Substance Treatment Program (STP)

Timeframe is dependent upon the young person's needs. Admission must occur following completion of the IAP. Direct referral is not available. This program aims to assist in the treatment and recovery from volatile substance use and other substance through a range of activities. (Free of charge)

Residential rehabilitation program, Day program, Assessment and Screening, Brief Intervention, Information and Education, Therapeutic intervention, Case management support, Psychoeducation, Referral support, Deadly clever Numeracy and Literacy Program, Life skill development, Nutritional education, Cultural and recreational outings

Location: Darwin based but will intake from across the NT


Eligibility: Any one with substance issues from the age of 14-18 years

Age: 14-18 years

Accessible by: Disability access, Interpreter support, Unaccompanied Youth, Family inclusion

 caaps.org.au

 intake@caaps.org.au

 (08) 8922 4852

CAAPS ABORIGINAL CORPORATION

Strong Steps

Strong Steps is a drop-in service, which means that you can visit anytime during business hours, although appointments can be arranged if required.

Services provided:

- › Counselling
- › Assessment and screening
- › Brief interventions
- › Information and education
- › Referral
- › Information and support is available to concerned family members and friends.

Location: Darwin based but will intake from across the NT


Eligibility: Any one with substance issues from the age of 13 years and older

Age: 13 years and older

Accessible by: Disability access, Interpreter support, Unaccompanied Youth, Family inclusion

 caaps.org.au

 intake@caaps.org.au

 (08) 8922 4852

EAST ARNHEM





HOLYOAKE

Young People's Program (YPP) Making Healthy Choices - 8 session program dealing with decision making issues regarding drugs, alcohol and gambling.

Selected topics from Holyoake's Managing Your Life program addressing topics such as self-esteem, personal boundaries, the process of dependency, communication, self-responsibility, grief, anger, suicidal thoughts, relationships, depression, anxiety, emotions and stress etc.

Sandplay Therapy is also very useful for adolescents (and adults).


Location: Alice Springs in person, Online and over the phone available.


Eligibility: No referral needed. If you have a concern, just call us.

Age: 10-18+ Services also available for children 5 years and older (Sandplay Therapy)

Accessible by: Phone, Zoom, face to face

 www.holyoake-alice.org.au

 receptionist@holyoake-alice.org.au

 (08) 8952 5899

SALTBUSH SOCIAL ENTERPRISES

The program is targeted to people who recognise that they are struggling with low intensity mental health issues, including those who are suffering from multiple life challenges and barriers including isolation, anger, depression, domestic violence, or low self-worth; disengaged from meaningful purpose; presenting at-risk behaviours; experiencing grief, bereavement or a sense of loss; or struggling with motivation, distress tolerance, managing worries or understanding emotions.


Location: The Saltbush Wellbeing Group Sessions are available in both Darwin and Alice Springs as well as the individual 'face to face' sessions. Remote community participants can also be catered to via internet-based communication for individual sessions. Enquiries can also be made about the individual counselling service available in Tennant Creek.

Eligibility: People wanting assistance through the Wellbeing Program will have the option of participating in either (or both), Group or One-on-One sessions.

Age: All ages

 www.saltbushnt.org.au/counselling

 info@saltbushnt.org.au

 (08) 7915 7001



TOP END HEALTH SERVICES (TEHS)

Provides specialist Withdrawal services, Opiate Pharmacotherapy Program, Volatile Substance Abuse assessment, counselling, referrals and advice.


AOD operating hours are 8 am till 4.21 pm Monday to Friday. In an urgent situation individuals may present to their closest emergency department or clinic.

Location: Royal Darwin Hospital, Palmerston Regional Hospital, Katherine Hospital and Gove District Hospital, Top End Mental Health and Alcohol & Other Drug Services and numerous remote health clinics.


Eligibility: No referral required

Age: All ages

Accessible by: Disability access and Interpreter support

 www.health.nt.gov.au/about/topend-health-service

 AODTEHS.DoH@nt.gov.au

 (08) 8922 8399 or phone local clinic



TOP END HEALTH SERVICES (TEHS)


Provides specialist Withdrawal services, Opiate Pharmacotherapy Program, Volatile Substance Abuse assessment, counselling, referrals and advice. The Acute Withdrawal Unit is in Berrimah which operates seven days a week, 24 hours a day, admissions are arranged during business hours. AOD specialist services can provide medical supervision and monitoring of patients withdrawing from alcohol and other drugs. AOD operating hours are 8 am till 4.21 pm Monday to Friday. In an urgent situation individuals may present to their closest emergency department or clinic. Katherine Hospital and Gove District Hospital both offer medical supervision and monitoring of patients withdrawing from alcohol and other drugs.

Location: TEHS AOD Specialist services
Main Office: Building 9 North, Royal Darwin Hospital, Rocklands Drive, Tiwi NT 0810 Royal Darwin Hospital, Katherine Hospital, Gove District Hospital


Eligibility: No referral required

Age: All ages for outreach. Acute Withdrawal Unit 18 +

Accessible by: Disability access and Interpreter support

 www.health.nt.gov.au/about/topend-health-service

 AODTEHS.DoH@nt.gov.au

 (08) 8922 8399 or phone local clinic

MIWATJ HEALTH ABORIGINAL CORPORATION

Raypirri Rom Wellbeing Program

The Raypirri Rom Wellbeing program focuses on maintaining the wellbeing and safety of families and children. It offers assistance with an array of community and clinical health issues including alcohol and drug misuse. The program uses a 'both ways' approach, which combines mainstream health and cultural processes. Elders are consulted for guidance and advice on difficult and ongoing issues. The team has an active outreach role in local schools and the drug and rehabilitation centre to engage people who require assistance.

Food For Thought Program

The team from Raypirri Rom join staff from the drug rehabilitation centre in Nhulunbuy to present the Food for Thought program. The program invites people dealing with alcohol or drug issues to share a meal in the hope that they will consider seeking help.


Location: The Gove Peninsula, in Yirrkala, Gungahara, Galupa, Birritjimi and Nhulunbuy

Eligibility: Anyone via self-referral, family referral or clinic referral

Age: All ages

 miwatj.com.au

 execsec@miwatj.com.au

 (08) 8939 1900