

BARKLY REGION ALCOHOL AND DRUG ABUSE ADVISORY GROUP (BRADAAG)

BRADAAG's Residential Rehabilitation service provides a 'home away from home' for men and women. Day programs, cultural outings and health information is provided in a comfortable, relaxed setting with professional and caring staff.

Services:

- › Day Programs;
- › Health, community and social programs;
- › Family time;
- › Cultural outings;
- › Information sessions on healthy living and AOD advice;
- › Gym and Library Sessions.

Location: Barkly Region

Eligibility: Anyone- referral from clinic, NGO, community organisation or self-referral

Age: 18+

Accessible by: The team is available Monday to Friday 8:00 – 16:30 for client intake and all enquiries

 www.bradaag.org.au/locations/residential-rehab/

 info@bradaag.org.au

 (08) 8963 2500

CAAPS ABORIGINAL CORPORATION

Intensive Assessment Program (IAP)

Maximum 4 weeks intensive assessment in a residential placement provides an opportunity for a young person to participate in an intensive assessment using a combination of assessment and screening tools, motivational interviewing and narrative therapy within a trauma informed approach, to build a young person's motivation to make positive changes in their life. **(Free of charge)**

Residential rehabilitation program, Day program, Child and Adolescent Needs and Strengths (CANS) assessment, Brief Intervention, Information and Education, Therapeutic intervention, Case management support, Psychoeducation, Domains of Care, Deadly clever Numeracy and Literacy Program, Life skill development, Nutritional education, Cultural and recreational outings

Location: Darwin based but will intake from across the NT

Eligibility: Any one with substance issues from the age of 12-18 years

Age: 12-18 years

Accessible by: Disability access, Interpreter support, Unaccompanied Youth, Family inclusion

 caaps.org.au

 intake@caaps.org.au

 (08) 8922 4852



CAAPS ABORIGINAL CORPORATION

Substance Treatment Program (STP)

Timeframe is dependent upon the young person's needs. Admission must occur following completion of the IAP. Direct referral is not available. This program aims to assist in the treatment and recovery from volatile substance use and other substance through a range of activities. (Free of charge)

Residential rehabilitation program, Day program, Assessment and Screening, Brief Intervention, Information and Education, Therapeutic intervention, Case management support, Psychoeducation, Referral support, Deadly clever Numeracy and Literacy Program, Life skill development, Nutritional education, Cultural and recreational outings

Location: Darwin based but will intake from across the NT

Eligibility: Any one with substance issues from the age of 14-18 years

Age: 14-18 years

Accessible by: Disability access, Interpreter support, Unaccompanied Youth, Family inclusion

 caaps.org.au

 intake@caaps.org.au

 (08) 8922 4852

CAAPS ABORIGINAL CORPORATION

Strong Steps

Strong Steps is a drop-in service, which means that you can visit anytime during business hours, although appointments can be arranged if required.

Services provided:

- › Counselling
- › Assessment and screening
- › Brief interventions
- › Information and education
- › Referral
- › Information and support is available to concerned family members and friends.

Location: Darwin based but will intake from across the NT

Eligibility: Any one with substance issues from the age of 13 years and older

Age: 13 years and older

Accessible by: Disability access, Interpreter support, Unaccompanied Youth, Family inclusion

 caaps.org.au

 intake@caaps.org.au

 (08) 8922 4852

BIG RIVERS



HOLYOAKE

Young People's Program (YPP) Making Healthy Choices - 8 session program dealing with decision making issues regarding drugs, alcohol and gambling.

Selected topics from Holyoake's Managing Your Life program addressing topics such as self-esteem, personal boundaries, the process of dependency, communication, self-responsibility, grief, anger, suicidal thoughts, relationships, depression, anxiety, emotions and stress etc.

Sandplay Therapy is also very useful for adolescents (and adults).

Location: Alice Springs in person, Online and over the phone available.

Eligibility: No referral needed. If you have a concern, just call us.

Age: 10-18+ Services also available for children 5 years and older (Sandplay Therapy)

Accessible by: Phone, Zoom, face to face

 www.holyoake-alice.org.au

 receptionist@holyoake-alice.org.au

 (08) 8952 5899

MISSION AUSTRALIA YARRLALAH RECOVERY PROGRAM

In Partnership with Kalano Community Association the Yarrlalah Recovery Program is a strengths-based and person-centred program for Indigenous people affected by alcohol and other drug misuse. The service supports Indigenous people to build on their existing strengths and capabilities and engaging existing services in Katherine to assist improving their wellbeing and making informed decisions about their health and lifestyle.

Location: Katherine

Eligibility: Indigenous specific, with substance issues from the age of 18+ year

Age: 18+

 [www.missionaustralia.com.au/
services?view=service&id=1379](http://www.missionaustralia.com.au/services?view=service&id=1379)

 adminnt@missionaustralia.com.au

 (08) 8971 3076



WURLI-WURLINJANG HEALTH AOD SERVICE

Wurli-Wurlinjang's Alcohol & Other Drugs service provides a holistic and culturally competent drug and alcohol counselling service

- › Case management and care planning
- › Counselling
- › Early and brief intervention
- › Indigenous Specific
- › Post-rehab and relapse prevention

Location: Katherine

Eligibility: All clients must meet Wurli Wurlinjang Health Policy requirements for eligibility. Referrals to program are from both Wurli internal/external sources.

Accessible by: Pick ups and drop offs for clients

 www.wurli.org.au/community-programs/alcohol-and-other-drugs-aod-program/

 wurli@wurli.org.au

 (08) 8972 9100

SALTBUSH SOCIAL ENTERPRISES

The program is targeted to people who recognise that they are struggling with low intensity mental health issues, including those who are suffering from multiple life challenges and barriers including isolation, anger, depression, domestic violence, or low self-worth; disengaged from meaningful purpose; presenting at-risk behaviours; experiencing grief, bereavement or a sense of loss; or struggling with motivation, distress tolerance, managing worries or understanding emotions.

Location: The Saltbush Wellbeing Group Sessions are available in both Darwin and Alice Springs as well as the individual 'face to face' sessions. Remote community participants can also be catered to via internet-based communication for individual sessions. Enquiries can also be made about the individual counselling service available in Tennant Creek.

Eligibility: People wanting assistance through the Wellbeing Program will have the option of participating in either (or both), Group or One-on-One sessions.

Age: All ages

 www.saltbushnt.org.au/counselling

 info@saltbushnt.org.au

 (08) 7915 7001

TOP END HEALTH SERVICES (TEHS)

Provides specialist Withdrawal services, Opiate Pharmacotherapy Program, Volatile Substance Abuse assessment, counselling, referrals and advice.

AOD operating hours are 8 am till 4.21 pm Monday to Friday. In an urgent situation individuals may present to their closest emergency department or clinic.

Location: Royal Darwin Hospital, Palmerston Regional Hospital, Katherine Hospital and Gove District Hospital, Top End Mental Health and Alcohol & Other Drug Services and numerous remote health clinics.

Eligibility: No referral required

Age: All ages

Accessible by: Disability access and Interpreter support

 www.health.nt.gov.au/about/topend-health-service

 AODTEHS.DoH@nt.gov.au

 (08) 8922 8399 or phone local clinic



TOP END HEALTH SERVICES (TEHS)

Provides specialist Withdrawal services, Opiate Pharmacotherapy Program, Volatile Substance Abuse assessment, counselling, referrals and advice. The Acute Withdrawal Unit is in Berrimah which operates seven days a week, 24 hours a day, admissions are arranged during business hours. AOD specialist services can provide medical supervision and monitoring of patients withdrawing from alcohol and other drugs. AOD operating hours are 8 am till 4.21 pm Monday to Friday. In an urgent situation individuals may present to their closest emergency department or clinic. Katherine Hospital and Gove District Hospital both offer medical supervision and monitoring of patients withdrawing from alcohol and other drugs.

Location: TEHS AOD Specialist services
Main Office: Building 9 North, Royal Darwin Hospital, Rocklands Drive, Tiwi NT 0810 Royal Darwin Hospital, Katherine Hospital, Gove District Hospital

Eligibility: No referral required

Age: All ages for outreach. Acute Withdrawal Unit 18 +

Accessible by: Disability access and Interpreter support

 www.health.nt.gov.au/about/topend-health-service

 AODTEHS.DoH@nt.gov.au

 (08) 8922 8399 or phone local clinic

KALANO COMMUNITY ASSOCIATION

Kalano Big Rivers Child & Family Centre - work with family to address, help, support and assist with issues, case management, advocacy, referral and supporting & follow up with other service providers.

Kalano Youth Diversion - Youth service aimed at risk young people, supporting positive behaviours. Help, support an assist young people through community programs, making positive choices.

Kalano Youth Outreach Transport Service - It's night patrol for kids/youth. The program aims at preventing and maintaining safety and security. Youth are taken back to a safe nominated place/home. Youth are also provided with food.

Location: Katherine

Eligibility: Everyone welcome

Age: Young people under twelve has to be accompanied by a responsible adult

Accessible by: Wheelchair accessible through a lift

 www.kalano.org.au/community-development-program

 Msoundron@kalano.org.au

 (08) 8918 6130