


ALICE SPRINGS HOSPITAL- ADDICTION MEDICINE UNIT

- › Acute Care of Alcohol and Other Drug Issues including in-patient admission
- › Assessment and management of complex Alcohol and Drug related issues
- › Outpatient clinic assessment, treatment and care
- › Addiction Medicine Specialist assessments

Location: Alice Springs

Age: All Ages

 (08) 8951 7777

CAAPS ABORIGINAL CORPORATION

Intensive Assessment Program (IAP)

Maximum 4 weeks intensive assessment in a residential placement provides an opportunity for a young person to participate in an intensive assessment using a combination of assessment and screening tools, motivational interviewing and narrative therapy within a trauma informed approach, to build a young person's motivation to make positive changes in their life. **(Free of charge)**

Residential rehabilitation program, Day program, Child and Adolescent Needs and Strengths (CANS) assessment, Brief Intervention, Information and Education, Therapeutic intervention, Case management support, Psychoeducation, Domains of Care, Deadly clever Numeracy and Literacy Program, Life skill development, Nutritional education, Cultural and recreational outings

Location: Darwin based but will intake from across the NT


Eligibility: Any one with substance issues from the age of 12-18 years

Age: 12-18 years

Accessible by: Disability access, Interpreter support, Unaccompanied Youth, Family inclusion

 caaps.org.au

 intake@caaps.org.au

 (08) 8922 4852



CAAPS ABORIGINAL CORPORATION

Substance Treatment Program (STP)

Timeframe is dependent upon the young person's needs. Admission must occur following completion of the IAP. Direct referral is not available. This program aims to assist in the treatment and recovery from volatile substance use and other substance through a range of activities. (Free of charge)


Residential rehabilitation program, Day program, Assessment and Screening, Brief Intervention, Information and Education, Therapeutic intervention, Case management support, Psychoeducation, Referral support, Deadly clever Numeracy and Literacy Program, Life skill development, Nutritional education, Cultural and recreational outings

Location: Darwin based but will intake from across the NT


Eligibility: Any one with substance issues from the age of 14-18 years

Age: 14-18 years

Accessible by: Disability access, Interpreter support, Unaccompanied Youth, Family inclusion

 caaps.org.au

 intake@caaps.org.au

 (08) 8922 4852

CAAPS ABORIGINAL CORPORATION

Strong Steps

Strong Steps is a drop-in service, which means that you can visit anytime during business hours, although appointments can be arranged if required.

Services provided:

- › Counselling
- › Assessment and screening
- › Brief interventions
- › Information and education
- › Referral
- › Information and support is available to concerned family members and friends.

Location: Darwin based but will intake from across the NT


Eligibility: Any one with substance issues from the age of 13 years and older

Age: 13 years and older

Accessible by: Disability access, Interpreter support, Unaccompanied Youth, Family inclusion

 caaps.org.au

 intake@caaps.org.au

 (08) 8922 4852

BARKLY REGION



HOLYOAKE

Young People's Program (YPP) Making Healthy Choices - 8 session program dealing with decision making issues regarding drugs, alcohol and gambling.

Selected topics from Holyoake's Managing Your Life program addressing topics such as self-esteem, personal boundaries, the process of dependency, communication, self-responsibility, grief, anger, suicidal thoughts, relationships, depression, anxiety, emotions and stress etc.

Sandplay Therapy is also very useful for adolescents (and adults).


Location: Alice Springs in person, Online and over the phone available.


Eligibility: No referral needed. If you have a concern, just call us.

Age: 10-18+ Services also available for children 5 years and older (Sandplay Therapy)

Accessible by: Phone, Zoom, face to face

 www.holyoake-alice.org.au

 receptionist@holyoake-alice.org.au

 (08) 8952 5899

SALTBUSH SOCIAL ENTERPRISES

The program is targeted to people who recognise that they are struggling with low intensity mental health issues, including those who are suffering from multiple life challenges and barriers including isolation, anger, depression, domestic violence, or low self-worth; disengaged from meaningful purpose; presenting at-risk behaviours; experiencing grief, bereavement or a sense of loss; or struggling with motivation, distress tolerance, managing worries or understanding emotions.


Location: The Saltbush Wellbeing Group Sessions are available in both Darwin and Alice Springs as well as the individual 'face to face' sessions. Remote community participants can also be catered to via internet-based communication for individual sessions. Enquiries can also be made about the individual counselling service available in Tennant Creek.

Eligibility: People wanting assistance through the Wellbeing Program will have the option of participating in either (or both), Group or One-on-One sessions.

Age: All ages

 www.saltbushnt.org.au/counselling

 info@saltbushnt.org.au

 (08) 7915 7001



OUTREACH AND SPECIALIST SERVICES

ALCOHOL AND OTHER DRUGS SERVICES CENTRAL AUSTRALIA (ADSCA)

Alcohol and other Drug Services Central Australia (ADSCA) is a Northern Territory Government Health Service that provides treatment and support to clients affected by alcohol, tobacco and other drugs in the Alice Springs and Barkly communities.

ADSCA provides a non-residential counselling service, home detoxification services and community development.


The service offers specialised assessment, treatment and referral of people using or affected by the range of alcohol and other drugs.


Location: Central Australia, Tennant Creek, Outreach to remote communities


Eligibility: Anyone via clinic referral or self referral

Age: All ages

Accessible by: Phone, Zoom, face to face

 www.dasa.org.au/programs/outreach

 adscaadministration.doh@nt.gov.au

 (08) 8951 7580

BARKLY REGION ALCOHOL AND DRUG ABUSE ADVISORY GROUP (BRADAAG)


Outreach provide a safe place to discuss your circumstances and can provide assistance and advocacy for a wide range of day to day challenges.

Location: Barkly Region


Eligibility: Anyone

Age: All ages

Accessible by: BRADAAG's Outreach team are available Monday to Friday 06.00 - 16.30

 www.bradaag.org.au/locations/aftercare-outreach/

 info@bradaag.org.au

 (08) 8963 2500



VOLATILE SUBSTANCE ABUSE SERVICE (VSA)

Services provided, under the legislative frame work of the Northern Territory Volatile Substance Abuse Prevention Act, 2018 (VSAPA)


- › VSA Risk Assessment of clients in their community
- › Recommendations of appropriate treatment and interventions - Voluntary or Mandatory
- › Provision of education to organisations regarding the Northern Territory Volatile Substance Abuse Prevention Act, 2018
- › Development of local strategies with community and agency stakeholders to prevent the harmful use of inhalants

Location: Central Australia and Barkly

Eligibility: Referral as per the Volatile Substance Abuse Prevention Act

Age: All Ages

 VSA.CAHS@nt.gov.au


 08 8951 7580

ALCOHOL AND OTHER DRUGS SERVICE CENTRAL AUSTRALIA (ADSCA) REMOTE ALCOHOL AND OTHER DRUG WORKERS

Territory-wide remote based alcohol and other drugs and social emotional wellbeing service situated in Aboriginal Medical Services and Primary Health Care Centres in the Department of Health. All ages can receive assessment, intervention, support, referral and health education.

Location: In selected remote communities including Tennant Creek and Alice Springs

Age: All Ages

 (08) 8958 2503