## BRAXTON'S STORY

Hey how you going im Braxton. I am here to share my story.

Back in the day. I was an addict, currently self-referred myself to rehab to get off Methamphetamines. And it was pretty hard because when I was 11, I started. My mom little sister and I were going to a soccer game. And Mom had a microsleep and we had a car crash. And unfortunately, she passed, my little sister came out with a scratch, and I was in a coma for a long time. And I had a real, I got four metal poles, internal bleeding, so I was pretty messed up. By the

age of 11, I was using methamphetamines, by my best mate, Tyrone cause, he seen I was upset every day. And he didn't know what to do.

He was on it and he was like "you wanna try this". And I went from one puff a day to 2-3-4-5 puffs a day, and then it went from me and him dealing. So, we started dealing heaps of drugs, and it was just a constant, I always had it in front of me and it was pretty fucked. It was really hard and being on meth for the last six years an major self-referred myself to rehab.

You pretty incredible because most people wouldn't do that being on meth for 6 years. And I lost my mom and, until this day, the cravings and emotions are coming back. So it's getting harder and harder and I just want to go back to using but im telling myself that I'm better than that.

And cause i wanna see my son. He's two years old, next year, April the 4th. I can't wait to see my son. He's a little man. And being on the drugs, I can't look after him and be the father I want and can for him, i don't 'cause when i was 11 I never grow up with a dad. From then on, he took off on me. And I want to show my son what it's like to live with a family, with a dad. His whole life. I wanna be there for him every day of his life. So yeah, and I advise you don't get on meth because it's pretty bad and it eats you away from the second you start.

And I can tell you from my own personal experience, because some days I've been lying there, scattered out, talking to myself, sitting in the corner of the room, talking himself, seeing shit, hallucinating. It's a pretty bad drug and I recommend don't do it at all. And yeah, thanks for hearing my story.

If you or someone you know is struggling with an alcohol and other drug issue, call Alcohol and

## Drug Information Service for free confidential counselling, support, information and advice on 1800 131 350.



